1 **Parallel on-chip micropipettes enabling quantitative multiplexed** 2 **characterization of vesicle mechanics and cell aggregates rheology**

3 Sylvain Landiech^{1†}, Marianne Elias^{1†}, Pierre Lapèze¹, Hajar Ajiyel¹, Marine Plancke¹, Blanca

- 4 González-Bermúdez², Adrian Laborde¹, Fabien Mesnilgrente¹, David Bourrier¹, Debora Berti³,
- 5 Costanza Montis³, Laurent Mazenq¹, Jérémy Baldo¹, Clément Roux⁴, Morgan Delarue¹, Pierre
- 6 Joseph^{1*}
- 7 [†]These two authors contributed equally.
- 8 *Corresponding author <u>pierre.joseph@laas.fr</u>

9 Affiliations

- 10 ¹ LAAS-CNRS, Université de Toulouse, CNRS, Toulouse, France
- ¹¹ ² Center for Biomedical Technology, Universidad Politécnica de Madrid, Pozuelo de Alarcón,
- 12 Spain and Department of Materials Science, ETSI de Caminos, Canales y Puertos, Universidad
- 13 Politécnica de Madrid, Madrid, Spain
- ³ CSGI and Department of Chemistry, University of Florence, Sesto Fiorentino, Italy
- ⁴ IMRCP, Université de Toulouse, CNRS, UPS, Toulouse, France
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17 Abstract

18 Micropipette aspiration (MPA) is one of the gold standards for quantifying biological samples' 19 mechanical properties, which are crucial from the cell membrane scale to the multicellular 20 tissue. However, relying on the manipulation of individual home-made glass pipettes, MPA 21 suffers from low throughput and difficult automation. Here, we introduce the sliding insert micropipette aspiration (SIMPA) method, which permits parallelization and automation, thanks 22 23 to the insertion of tubular pipettes, obtained by photolithography, within microfluidic channels. We show its application both at the lipid bilayer level, by probing vesicles to measure 24 25 membrane bending and stretching moduli, and at the tissue level by quantifying the viscoelasticity of 3D cell aggregates. This approach opens the way to high-throughput, 26 27 quantitative mechanical testing of many types of biological samples, from vesicles and 28 individual cells to cell aggregates and explants, under dynamic physico-chemical stimuli.

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30 Introduction

31 Mechanics is ubiquitously at play in biology, from the level of cell membranes to the tissue 32 scale. At the cell scale, response to stimuli is related to its cytoskeleton and nucleus but also strongly depends upon the deformability of its membrane¹. Indeed, cells divide and interact 33 with their surroundings by remodeling their cytoplasmic membranes²; endocytosis/exocytosis 34 involve membrane bending³; permeation of drugs or nanoparticles relates to lipids' ability to 35 accommodate changes in shape. At the multicellular scale, the capacity of cell assemblies to 36 37 deform and flow is a determining factor in tissue homeostasis and evolution. This idea applies 38 to developmental biology, since embryo morphogenesis is strongly intertwined with spatiotemporal changes and heterogeneity in fluidity^{4,5}. It is also an essential ingredient for 39 pathological situations such as solid cancers: the ability of cells to deform and spread, or jam, 40 is key in disease progression⁶. Tissue rheology can thus be envisioned as a diagnostics tool⁷, or 41

42 even to assist the prognosis of metastasis⁸.

Thus, strong efforts have been made in the last decades to engineer quantitative tools assessing 43 mechanical properties of cell membranes⁹, cells¹⁰, and cell aggregates¹¹, often relying on 44 analogies with soft matter as proposed in Steinberg's pioneering work¹², and on concepts of 45 rheology¹³. Stress is applied either very locally by AFM probing¹⁴ or on the whole tissue 46 (through magnetic nanoparticles¹⁵ or by parallel plate compression), to cite only a few methods. 47 One popular technique is micropipette aspiration MPA¹⁶⁻¹⁸, both at cell and tissue scale. 48 49 Measuring to what extent a vesicle, a cell, or a tissue enters a glass tube upon aspiration permits 50 the determination of mechanical properties: bending and stretching rigidity for lipid vesicles mimicking cell membranes; apparent Young's modulus and effective viscosity for single 51 cells¹⁰; surface tension, elasticity and viscosity for 3D cell aggregates¹⁹. MPA is one of the gold 52 53 standards because in addition to the simplicity of its principle, it is quantitative, and it probes 54 locally a zone that can be chosen. It also enables to some extent the change of solution 55 surrounding the sample, and it can be coupled to other techniques like optical tweezers with 56 reasonable experimental effort. However, it requires a complex dedicated setup: microscope, 57 micromanipulator, and precise control of the pressure in the aspiration tube. The control of the 58 physico-chemical environment in real time is tedious, as it requires several micromanipulators, 59 and the concentration of chemicals injected around the sample is non-homogeneous. Most importantly, MPA suffers from very low throughput (~20 tests/h for single cells, a few tests/h 60 61 for vesicles, and less than one test/h for cell aggregates) since objects are intrinsically probed 62 one by one, which can be limiting due to the high sample-to-sample variability that is often

63 typical of biological systems.

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Consequently, approaches to integrate micropipettes in microfluidic devices have been 65 proposed in the very last years. They target the above-mentioned limitations by designing 66 67 channels enabling parallel trapping and fluid control at the cell (or cell aggregate) scale. A design relying on 3-level fabrication was developed ten years ago by Lee *et al.* for cells²⁰, which 68 we improved in terms of alignment for the study of Giant Unilamellar Vesicles (GUV)²¹. Boot 69 et al. have recently adapted it to 3D cell aggregates²². While for this design microfluidics 70 permits automation of objects injection, it is still limited in terms of throughput. More 71 72 importantly, the rectangular geometry has intrinsic limitations: a quantitative analysis is 73 complicated and some flow remains at the corner of the traps constituting the pipette, even 74 though recent work described the different regimes of clogging rectangles with soft objects²³. 75 A 2-level design was used to probe the viscoelasticity of cell nuclei in parallel thanks to constrictions²⁴, simpler to implement than the previous one but still not fully quantitative. To 76 77 relate the microscopic configuration to mechanical properties, 2D geometries permitting optical 78 access combined with rheological measurements were used to characterize cell aggregate rearrangements²⁵ or vesicle prototissues²⁶, but their extension to more realistic 3D tissues is far 79 80 from obvious. Indeed, standard microfabrication techniques are planar, which limits the 81 possibility of properly integrating circular traps. 3D printing technologies that are emerging are 82 associated with prohibitive writing time for the resolution and surface quality required here. As a way to eliminate the need for fluid confinement by surfaces, virtual walls microfluidics has 83 recently been demonstrated to characterize both cell and spheroid mechanics²⁷, with guite a 84 85 high throughput but limited to a global probing of objects, with a homogeneous stress.

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Thus, a micropipette aspiration method, quantitative but with a higher throughput than classical
MPA, is still to be developed. We describe in this paper the SIMPA technology (sliding insert

89 micropipette aspiration) addressing the above-mentioned requirements, both at the scales of vesicles and multicellular aggregates. It relies on the "sliding walls" proposed by Venzac et 90 91 al.²⁸, inserting sliding elements within PDMS chips. Here, rather than reconfigurability, which was the strong point raised in²⁸, and which for instance permitted studying confined tissue 92 growth²⁹, we specifically exploited the particular microfabrication features of the approach. 93 94 Pipettes are designed and patterned by photolithography perpendicularly to the fabrication 95 plane of the channel in which they are inserted (see Figure 1). In this way, the objects injected in a microchannel can be blocked by pipettes of a chosen shape: a circular cross-section permits 96 97 quantitative measurements analyzed with classical models, since deformations occur like in 98 standard MPA. Thanks to the integration, pipettes can be operated in parallel, which increases 99 the throughput: we demonstrate it for 7 GUVs, and up to 23 spheroids.

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In the following, we explain the design principles and fabrication technique of the chips, as well as their fluidic operation. We then demonstrate the interest of the technology by assessing two situations relevant to biophysics. First, we present the results obtained on vesicles: characterization of the elastic moduli of lipid bilayers with simple composition, and study of the influence of sugar and cholesterol on these moduli. Second, we detail the use of the devices for 3D cellular aggregates: measurements of the surface tension and viscoelastic characteristics,

107 and study of the influence of molecules targeting cell-cell adhesion.

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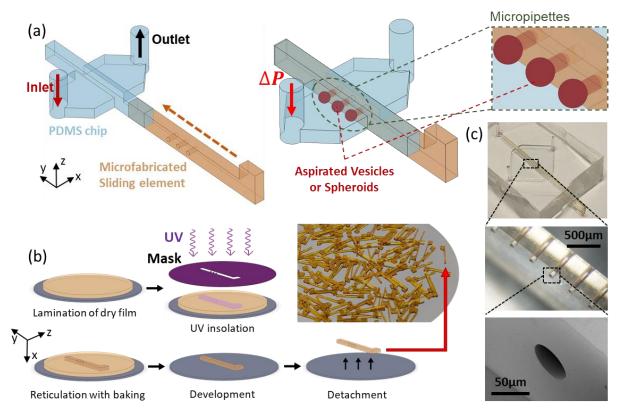


Figure 1- Principle: On-chip pipettes integrated into a microfluidic chip thanks to sliding elements - (a) Parts view: PDMS
 chip and sliding element. Assembled view after insertion, schematic close-up of aspirated micro-objects (Giant Unilamellar
 Vesicles or Spheroids). b) Microfabrication workflow of the sliding elements and photograph of dozens of them, manufactured
 in a single batch. c) Micrographs and SEM close-ups of the pipettes integrated into the sliding elements.

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115 **Principle of the SIMPA chips: design, fabrication, and operation**

- 116 The microfluidic chips consisted of two parts, see Figure 1(a). The fabrication protocol is
- 117 detailed in the Supplementary Information. Here, we explain the main ingredients of its design,
- 118 fabrication, and operation.
- 119 The first part is a PDMS chip, obtained by standard soft lithography. PDMS was cast and cured
- 120 on a two-level mold patterned in a photosensitive dry film (SUEX), preferred to liquid
- 121 photoresist since the thickness is as high as ~500 µm. After unmolding, holes were punched in
- 122 PDMS for fluidic access.
- 123 The first level of the mold corresponds to the main fluidic channel, see Figure 1(a). Its height
- 124 is slightly superior to the maximum diameter of the objects to be probed with pipettes, typically
- 125 \sim 100 µm for studies on vesicles, and \sim 450 µm for spheroids.
- 126 The fluidic configuration is quite simple with 1 input and 1 output, the channel just getting
- wider at the location of sliding element insertion, to permit objects to be trapped in parallel.Note however that the design can be complexified for additional functions: we demonstrate for
- 128 Note however that the design can be complexified for additional functions: we demonstrate for 129 instance injection of a chemical stimulus around spheroids, thanks to extra lateral channels (see
- 129 Instance injection of a chemical stimulus around spheroids, manks to exit a fatera 130 Figure SL 8)
- 130 Figure SI-8).
- 131 The fluidic channel is intersected by another guide, integrated in the second layer of the mold,
- 132 which is open to the outside. Its purpose is to accommodate the sliding element integrating the
- 133 pipettes, the second part that composes our chips.
- The PDMS part was then bonded by plasma on a thin layer of PDMS (50 μm), compromising
 between optical access for microscopy and deformation to avoid leakage.
- 136 The second element is the sliding element containing the pipettes to be integrated into the fluidic
- 137 channel by insertion in the PDMS chip. This long parallelepiped including holes that constitute
- the pipettes was manufactured by photolithography using the same type of dry film, see Figure
- 139 1(b). After optimizing fabrication parameters, we obtained pipettes with an aspect ratio up to
- 140 20 (25 μ m diameter for 500 μ m length) and with a low roughness: typically, only a few ~20
- 141 nm-high asperities can be seen inside the pipette, as shown in Figure 1(c) and Figure SI-1. For
- 142 pipettes with lower diameters (down to $12 \mu m$ for GUVs, see Figure 2(a), and $5 \mu m$ for single 143 cells), a multi-layer lamination protocol was used. Lamination was realized on a sacrificial layer
- cells), a multi-layer lamination protocol was used. Lamination was realized on a sacrificial layer
 (copper-titanium alloy), chemically etched after fabrication to release the sliding elements from
- (copper-titanium alloy), chemically etched after fabrication to release the sliding elements from
 the wafer. Since fabrication was realized by batches on a 4-inch wafer, up to 150 reusable SMPs
- 146 (sliding micropipettes) could be obtained in a single fabrication run, which took a few hours.
- 147 Integration was made by inserting the SMP in the PDMS chip. This step could be eithe
- 147 Integration was made by inserting the SMP in the PDMS chip. This step could be either 148 achieved manually under a binocular microscope, with alignment precision between the 149 pipettes and the fluidic channel in the order of 50 µm or aided by a specific 3D-printed holder
- 150 if better alignment was required (see Figure SI-2). To reduce friction, an anti-adhesive coating
- 151 (fluorinated silane deposited in the gas phase) was realized on the SMPs before insertion.
- 152 Insertion was also facilitated thanks to isopropanol lubrication, eliminated afterward by
- 153 evaporation (see Supplementary Information).
- 154 Once inserted, the SMP blocked the fluid in the main channel by letting it flow only through its
- 155 cylindrical holes. The height and width of the guide were 20% smaller than the height and width
- 156 of the sliding element it received (typically 450 µm for the guide and 550 µm for the sliding
- 157 element), which we found optimum for elastic deformation to ensure a good sealing upon
- 158 insertion. We checked the absence of leakage in the whole range of the pressure controller (325

mbar). Thus, when a vesicle or a spheroid was injected into the inlet solution, it was carried by

160 the flow until it arrived in front of one of the micropipettes into which it was blocked and

aspirated. In the design of the SMPs, the center of the pipette was placed at a Z position permitting objects to be trapped without touching the bottom of the fluidic channel, while being

163 in focus under the microscope.

164 Chip operation differed slightly for GUVs and spheroids and are detailed in the next sections 165 and the Supplementary Information. Fluidic protocols shared some characteristics: after 166 degassing and injection of the buffer to pre-wet the whole chip, the solution containing the 167 objects of interest was injected to trap them at the pipettes. Measurements of the mechanical 168 properties were achieved by quantifying deformations (of the GUVs or spheroids) under a 169 programmed pressure sequence, by optical microscopy and image analysis.

170 This fabrication approach permitted the integration of cylindrical holes (or any extruded shape 171 of arbitrary cross-section) aligned with the main axis of fluidic channels, thanks to the

- 172 photolithography of two elements along two orthogonal planes, which can hardly be achieved
- by standard manufacturing techniques. This feature makes SIMPA technology uniquely suited
- 174 for high throughput micropipette aspiration, which we demonstrate in the following sections.
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176 Micropipettes for vesicles: elastic moduli of lipid membranes

177 Background: membrane bending and stretching moduli, standard micropipettes

- 178 The mechanics of a lipid bilayer can be described by two main parameters: its resistance to 179 bending, quantified by the bending modulus κ_c ; and its resistance to an increase of area per 180 molecule (stretching modulus K_A). These moduli determine how the area of a vesicle A
- 181 increases with its tension σ , with reference to a state at low tension A_0, σ_0 . The relative area

182 increase, $\alpha = (A - A_0)/A_0$, reads ^{9,16}:

183
$$\boldsymbol{\alpha} = \frac{k_B T}{8\pi\kappa_c} ln(1 + \sigma/\sigma_0) + (\sigma - \sigma_0)/K_A, \qquad (1)$$

184 where k_B is the Boltzmann constant, and *T* the temperature.

185 The increase of area at low tension is mostly controlled by the smoothing of thermal fluctuations

against bending (first term of equation (1)), whereas for a higher tension (typically 1 mN/m), it

187 is set by the stretching modulus K_A (second term of equation (1)).

188 In standard micropipette experiments, a progressively increasing tension is induced thanks to a 189 pressure difference ΔP applied to the vesicle aspirated in the pipette. With the hypothesis that 190 the pressure inside the vesicle is equilibrated, and that the tension is homogeneous, the vesicle 191 tension can be deduced from Laplace law according to:

192
$$\sigma = \frac{\Delta P.D_p}{4(1-D_p/D_v)},$$
 (2)

193 where D_p and D_v are the pipette and vesicle diameters, respectively. With the additional 194 hypothesis of constant vesicle volume during the experiment (low permeability of the lipid 195 bilayer to solvent, few minutes experiments duration), and a first-order approximation 196 $(D_p^2 \Delta L_p \ll D_v^3)$, the area increase is deduced from ΔL_p , the position of the vesicle protrusion 197 within the pipette with respect to the reference state (A_0, σ_0) , see Figure 2(b):

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$$\Delta A = \pi D_p \Delta L_p \left(1 - \frac{D_p}{D_v} \right). \tag{3}$$

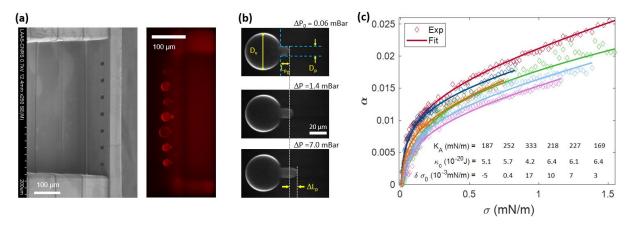
199 Chip operation and measurement protocols

These principles apply to our microfluidic chips: we designed channels (100 µm deep, 400 µm 200 wide) in which fluorescently labeled GUVs with a typical diameter of 50 µm, obtained by 201 202 standard electroformation (see Supplementary Information), could flow. The channels 203 integrated sliding elements with up to 7 pipettes of diameter $D_p \simeq 12 \,\mu\text{m}$, see Figure 2(a). Since 204 the hydraulic resistance of these pipettes was much larger than those of the inlet and outlet 205 channels, the pressure drop applied to vesicles, ΔP in equation (2), was almost equal to the 206 pressure drop applied on the whole channel $\Delta P_{channel}$, even in the case where some pipettes 207 were not blocked by GUVs. After pre-treatment of the chip by a casein aqueous solution to 208 avoid GUVs adhesion on the pipette walls, an aqueous solution of the fluorescently labeled GUVs electroformed in sucrose (see Supplementary Information) was gently injected within 209 210 the chip (pressure controller, $\Delta P_{channel} \sim 1$ mbar). Trapped GUVs within the pipettes were first prestressed at $\Delta P \sim 3$ mbar (corresponding to a tension $\sigma \sim 1$ mN/m) for a few minutes to 211 212 remove their possible defects. Then, the inlet pressure was set down to the value canceling ΔP 213 (GUV starting to escape the trap upstream). From this reference, the pressure was slowly increased by steps (3 s duration), to quantify the increase of L_p with ΔP , see Figure 2(b). The 214 first step leading to a measurable GUV deformation was used as the reference state 215 $(\Delta P_0, \Delta L_p = 0, A_0, \sigma_0)$, see the top panel in Figure 2(b). Step height was increased from 0.01 216 mbar at the beginning (bending regime) to 0.5 mbar for the stretching regime. Fluorescence 217 218 microscopy was used to image the GUVs. Being photosensitive, the dry films constituting the 219 SMPs were slightly fluorescent, in particular for excitation wavelengths around 375 nm, as can 220 be seen in the fluorescence characterization, see Figure SI-3. We chose fluorophores excited at higher wavelengths: excitation source at $\lambda_{exc} = 541$ nm, and emission filter at $\lambda_{em} = 610$ nm, 221 which led to a fluorescence signal of the vesicles much stronger than the one of the dry film, 222 223 see Figure 2(a).

224 For large enough GUVs $(D_v \ge 2.5D_p)$, standard image analysis was used to deduce ΔL_p as a 225 function of ΔP . The relative area increase as a function of the tension was then calculated from 226 Equations (2)-(3) for each GUV. The values of the bending and stretching moduli were then deduced by fitting Equation (1) to the experimental curve. As exemplified in Figure 2c showing 227 228 six measurements realized in parallel, we have used a three-parameter fit, by letting the 229 reference tension as a free parameter, in addition to the determination of κ_c and K_A . It was found to reproduce more accurately the data trend in the bending regime than a two-parameter fit and 230 fixed experimental reference tension σ_{0exp} . The associated difference between σ_{0exp} and the 231 fitted value was in the range $\delta \sigma_0 \leq 10^{-5}$ mN/m, corresponding to a pressure difference $\delta P \leq$ 232 3 Pa. We independently characterized the accuracy of pressure control to be better than 0.5 Pa, 233 234 so this value is a little higher than expected. We attribute this slight discrepancy to higher 235 uncertainty in determining the absolute value of the pressure, even though relative variations 236 are precisely measured. With this procedure, the curve superimposed on experimental data both for bending and stretching regime, with a coefficient of determination of the fitting $R^2 \ge 0.99$. 237 238

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Figure 2- On-chip pipettes applied to Giant Unilamellar Vesicles to quantify the mechanics of lipid membranes (bending and stretching moduli). (a) SEM image of a sliding element with a design adapted to GUVs, including 7 pipettes (12 μ m in diameter), and fluorescence microscopy micrograph of 7 DOPC GUVs trapped within such pipettes inserted in a PDMS channel. (b) Fluorescence micrographs of a GUV blocked inside a 12- μ m-diameter pipette, for three values of the pressure difference applied to the vesicle. Reference situation ΔP_0 , and two successive equilibrium positions. The quasistatic increase of pressure causes a progressive increase of the GUV area, quantified from the length of the GUV protrusion within the pipette. (c) Evolution of the relative area increase as a function of the tension for six DOPC GUVs of the same experimental run, and fitted curve according to equation (1). The displayed numbers correspond to the outcomes of the fitting for this particular experiment, as a typical example of data dispersion.

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251 Results for GUVs of simple composition and effects of sugar and cholesterol

The results obtained with GUVs of simple composition (bilayer of the mono-unsaturated lipids 1,2-dioleoyl-sn-glycero-3-phosphocholine, DOPC in sucrose solutions) are summarized in the

1,2-dioleoyl-sn-glycero-3-phosphocholine, DOPC in sucrose solutions) are summarized in the histograms of Figure 3(a). The statistics are slightly lower for the stretching modulus K_A (N =

41) than for the bending modulus κ_c (N = 59) because some GUVs escaped the pipettes at

moderate pressure, without fully entering the stretching regime. We deduced the value of K_A

257 only for vesicles escaping at a tension $\sigma \ge 0.75$ mN/m. This fragility, which can be attributed

- to dispersion in the lysis tension, possibly due to minor defects in some GUVs, was not correlated to the measured value of $K_{\rm c}$ and $\mu_{\rm c}$
- 259 correlated to the measured value of K_A and κ_c .

We also investigated the effect of the sucrose concentration on the bilayer mechanics, for DOPC lipids, see Figure 3(b). No systematic variation of both bending and stretching moduli was observed from 15mM to 300 mM, within our experimental error.

Finally, we performed measurements on bilayers composed of DOPC mixed with up to 50%

264 cholesterol, Figure 3(c). We observed no dependence of the bending modulus on the

265 cholesterol/lipid molar fraction, whereas the stretching modulus almost doubled for molar

266 fractions 0.4 and 0.5.

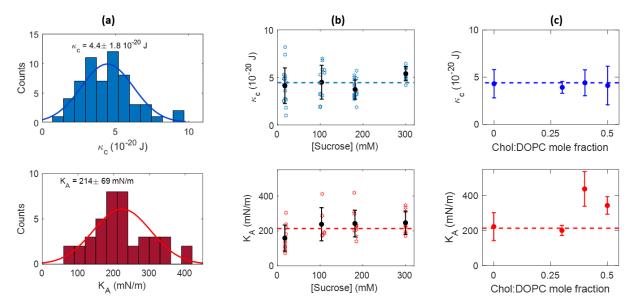


Figure 3- Bending and stretching moduli of lipid bilayers. (a) Histograms of the bending (top) and stretching (bottom) moduli
of DOPC membranes, and associated Gaussian fits. (b) Influence of the sucrose concentration on the value of the bending (top)
and stretching (bottom) moduli, for DOPC membranes. (c) Influence of cholesterol on the bending (top) and stretching (bottom)
moduli of mixed DOPC-cholesterol vesicles, as a function of the cholesterol:DOPC mole fraction.

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273 Discussion: on-chip pipette to characterize vesicle mechanics

274 Overall, the results in Figure 2 and Figure 3 show that the proposed approach is suited to 275 determine the mechanical properties of lipid membranes, similar to the classical micropipette 276 aspiration. However, the throughput of our method is higher (roughly multiplied by the number 277 of pipettes in parallel, 7 in Figure 2) since several GUVs can be characterized in parallel. The 278 integration in a microfluidic device has also the advantage of avoiding the manual, tedious search of vesicle and micromanipulation of the pipette, since the driving flow in the channel 279 280 naturally brings the vesicles to the pipettes, and facilitates the trapping of GUVs. In addition, 281 pressure controllers used in routine microfluidic setups have sub-second response time and 282 permit the automation of pressure vs. time protocols.

- 283 The obtained values are reasonably consistent with the literature. For DOPC at room temperature, the determined stretching modulus $K_A = 214 \pm 69$ mN/m falls within the range 284 measurements (respectively $K_A = 210 \pm 25 \text{ mN/m}, 198 \text{ mN/m}$ 285 of most micropipette m, and 265 ± 18 mN/m for references ^{30–32}). The bending modulus we obtained ($\kappa_c =$ 286 $4,4 \pm 1.8.10^{-20}$ J) is in the lower limit of published values for measurements with 287 micropipettes (respectively $\kappa_c \sim 9.1 \pm 1.5 \ .10^{-20}$ J, 8.5 10^{-20} J, 4.7 10^{-20} J for DOPC in 288 references ^{30,32,33}), reported in a recent review ³⁴ to be in the range $\kappa_c = 4 - 16 \ 10^{-20}$ J for 289 290 monounsaturated lipids. It has to be mentioned that systematic differences between groups and measurement method are thoroughly discussed, and only partly explained by differences in the 291 probes scales or experimental protocols, in several reviews^{9,34–36}. 292
- 293 The dispersion of our data is a bit higher than in the literature (coefficients of variation 41%
- and 29% for κ_c and K_A respectively). GUVs synthesized via electroformation have inherent
- 295 variability. We also attribute the dispersion to the fact that the only eliminated GUVs were those
- with diameter $D_v \leq 2.5D_p$), or with visible defects (such as internal vesicles), contrary to
- standard micropipette aspiration where the operator arbitrarily chooses the GUV to be probed.

- 298 The absence of influence of sugar concentration we observed (Figure 3(b)) is consistent with
- 299 most recent observations and discussions of the literature, even though this is still a quite 300 controversial issue.^{2,36–38}
- 301 When varying the membrane composition by mixing DOPC with cholesterol, we observed no 302 change in the bending modulus, from pure DOPC up to the maximum cholesterol content tested 303 (0.5mol/mol). On the opposite, a two-fold increase was observed for K_A for increasing cholesterol content, with a possible threshold between 0.3 and 0.4 molar fraction in cholesterol. 304 These observations complete a rich literature on the issue of cholesterol's influence on 305 306 membrane structure and properties. Bending rigidity was shown to be strongly lipid 307 dependent^{39,40}, stiffening by cholesterol being observed only for saturated lipids, with no effect for mono-unsaturated lipids such as the DOPC used in the present study 41,42 . 308
- Finally, since a microfluidic lateral channel can be integrated into the design, the approach is well-suited for temporal change of the chemical environment surrounding the GUVs. It opens
- 311 interesting perspectives to investigate for example the kinetics of the interaction of lipid bilayers
- 312 with biomolecules or relevant synthetic entities (molecules, macromolecules, or nanosystems).
- 313

314 Micropipettes on cell aggregates: quantifying spheroids' rheology

315 Background: Viscoelastic model for biological tissues, standard micropipettes

- 316 Many biological tissues behave as viscoelastic fluids, which is both due to the properties of individual cells (cytoskeleton, nucleus), and to the way they assemble in the tissue (extracellular 317 matrix, adhesion between cells). Thus, when a spheroid (simple 3D cell aggregate) is probed 318 by micropipette aspiration with a pressure step, it reacts with two different regimes. First, an 319 320 instantaneous deformation is observed, directly linked to the tissue's elastic properties. Then, 321 over time, the tissue flows into the micropipette like a viscous fluid. Several viscoelastic models 322 describe this type of material, but the modified Kelvin-Voigt shown in the insert of Figure 4(b) 323 is the simplest that closely reproduces the response observed in Figure 4(b). It consists of a 324 Kelvin-Voigt element (spring k_1 in parallel with damper μ_c), modified by the spring k_2 to account for an instantaneous elastic response, in series with a dashpot μ_t , which corresponds to 325 326 long-term viscous flow. In this description of the tissue as a soft material, viscosity and elasticity are completed by the aggregate's surface tension γ , excess of surface energy that 327 originates from a combination of the interaction between cells, and differences in cortical 328 tension between the peripheric and the core cells^{12,43}. In a standard micropipette experiment, a 329 spheroid of radius R is aspirated in a pipette of radius R_p with a suction pressure ΔP . The 330 effective force inducing spheroid deformation reads: $f = \pi R_p^2 (\Delta P - \Delta P_c)$, where $\Delta P_c =$ 331
- 332 $2\gamma \left(\frac{1}{R_p} \frac{1}{R}\right)$ is the Laplace pressure generated by the curvature imposed by the pipette. ΔP_c 333 corresponds to the minimum pressure needed for the spheroid to continuously flow inside the
- 334 pipette. For $\Delta P > \Delta P_c$, the spheroid's response to a differential pressure step can be written, in 335 terms of its temporal elongation L(t) inside the pipette (see Figure 4(a)):

336
$$L(t) = \frac{f}{k_1} \left(1 - \frac{k_2}{k_1 + k_2} e^{-\frac{t}{\tau_c}} \right) + \frac{f}{\mu_t} t, \qquad (4)$$

337 where $\tau_c = \frac{\mu_c(k_1+k_2)}{k_1k_2}$ is a viscoelastic characteristic time.

The first term in equation (4) refers to a viscoelastic solid, with two elastic moduli acting at two timescales: a first modulus $E_i = (k_1 + k_2)/\pi R_p$, associated with an instantaneous deformation of the spheroid, and a second elastic modulus $E = k_1/\pi R_p$, which comes into play after a typical time τ_c . These two elastic moduli are usually attributed to the cellular cytoskeleton's reaction to pressure: the elasticity of the actin cortex is first assessed, fibers then rearrange, leading to a softer long-time elastic response.

The second term describes flow at the tissue level and it corresponds to the constant speed flow of a fluid of viscosity $\eta = \mu_t/3\pi^2 R_p$ inside the pipette, with the hypothesis that viscous dissipation occurs only at the inlet, due to cell rearrangements. As detailed in reference ¹⁸, this regime neglects wall friction, which is achieved thanks to surface treatment limiting cell adhesion on the pipette's walls.

- 349
- 350 *Chip operation and measurement protocols*

351 We have developed microfluidic chips enabling parallel aspiration of spheroids, see Figure 4(a).

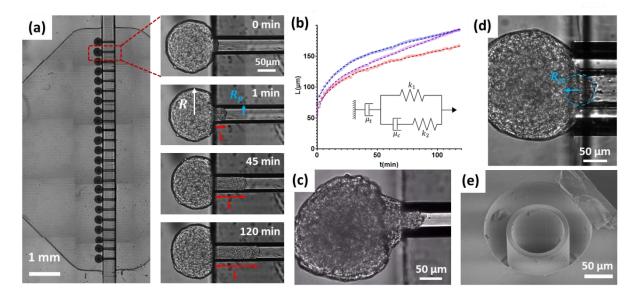
352 Most spheroid experiments were conducted on A338 mouse pancreatic cancer cells containing

353 a KRas^{G12D} mutation. We also performed measurements on a S180 murine sarcoma cell line.

354 Spheroids were cultured for 48 to 72 hours either using the suspended droplet technique, or in

an array of agarose wells obtained from a 3D-printed mold (see Supplementary Information).

- 356 Regarding fluidic design, most results shown in this paper were obtained with a design probing 357 5 spheroids in parallel, but we have demonstrated the aspiration of up to 23 spheroids, see 358 Figure 4(a). The channel height was 450 µm to accommodate all spheroid sizes. The chamber 359 width was 10 mm for the 23-position chip (2 mm for the 5-position chip). A single 360 microfabrication run allowed us to manufacture around 150 SMPs, see photo in Figure 1(b), 361 which permitted us to test different pipette diameters and designs. Most experiments were conducted with 70 µm diameter pipettes, chosen as a compromise: much smaller than spheroids 362 363 size, and significantly larger than cells size, for the granular nature of the tissue not to be too 364 critical for the continuous description of the rheological model. Pipettes were 500 µm in length.
- 365 The experimental protocol is detailed in the Supplementary Information. Briefly, after insertion 366 of the SMP, the chip was placed under vacuum to eliminate residues of isopropanol and to limit 367 bubble formation during experiments. The chip was then prewet by the culture medium under 368 the microscope in an environmental chamber (5% CO₂, 37°C). The spheroids were gently 369 aspirated within a PTFE tubing, then they were loaded into the chips by applying $\Delta P_{load} \sim 1$ mbar. With this low pressure difference, the spheroids were transported to the 370 pipettes under limited stress. They also hardly deform and did not start flowing continuously 371 372 inside the pipettes since ΔP_{load} is significantly lower than the critical pressure ΔP_c . The microscope stage and the camera were configured to record timelapse sequences of the 373 374 aspiration of all the (5 or 23) trapped spheroids, with a typical time interval of 30 s, and a total 375 experiment duration of 3 hours. A pressure step, synchronized with image acquisition, was then 376 applied with ΔP typically set to 50 mbar.



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Figure 4- On-chip pipettes applied to 3D cellular aggregates to quantify their viscosity and elasticity. (a) Micrograph of 23 spheroids trapped in the pipettes in the SIMPA chip. Close-up on a single micropipette: time-lapse of the aspiration of one A338 spheroid submitted to a pressure step $\Delta P = 50$ mbar from t = 0 s. (b) Evolution of the spheroids' positions L(t) in the pipette as a function of time for 3 simultaneous parallel measurements, and fitted curves according to equation (4). (c) Micrograph of a spheroid just after release of the aspiration pressure. The conical shape indicates that Laplace pressure is not the only process expelling the spheroid from the pipette, during retraction. (d) Micrograph of a spheroid aspirated with a pressure just equal to the Laplace pressure ΔP_c , leading to a radius equal to the pipette's radius. (e) SEM image of the pipette design with a thin wall, used to improve the optical quality of the image in (d).

386 To validate quantitatively the SIMPA approach with respect to MPA, we performed 387 measurements on the murine sarcoma cell line S180-GFP that was characterized by Guevorkian 388 et al.¹⁷ by MPA. Since Laplace pressure contributes to the spheroid's flow (see Equation (4)), the surface tension γ needs to be determined to deduce the viscoelastic parameters. Like in 389 390 reference ¹⁷, aspiration was followed by retraction experiments, in which Laplace pressure is 391 the only source of movement. The histograms of measured viscoelastic parameters are plotted in Figure SI-4 (N = 23). We obtained $\gamma = 10.8 \pm 2.4$ mN/m, $\eta = 1.37 \pm 0.03 \ 10^5$ Pa. s, E = 392 393 213 ± 17 Pa, $E_i = 773 \pm 47$ Pa. The values of the viscosity and long-time elasticity are fully consistent with the results reported in reference 17 ($\eta = 1.9 \pm 0.3 \ 10^5$ Pa.s, elastic modulus 394 395 deduced from an average of relaxation times: $E = 700 \pm 100$ Pa), given that the cell line may have slightly evolved since 2010, and more importantly that the culture conditions to form the 396 397 spheroids were not exactly the same in the two studies.

For A338 mouse pancreatic cancer cell spheroids, a typical timelapse for one position is shown on the right panel of Figure 4(a), and in Supplementary Video 1. The position of the spheroid protrusion as a function of time L(t) was determined by a custom image segmentation algorithm described in Supplementary Information, see Figure SI-5 and Supplementary Video 3. Typical results of a single experiment driven on A338 spheroids are displayed in Figure 4(b),

403 together with the fit of these results by equation (4).

404 However, regarding surface tension, we observed for this cell line a complex conical shape of 405 the spheroid upon retraction, see Figure 4(c) and Supplementary Video 2, and its fast ejection 406 from the pipette. Several mechanisms could explain this behavior: stored elastic energy could 407 contribute to expelling the spheroid out of the pipette (similarly to what is mentioned in 408 reference ²²), and additionally thanks to low wall friction the spheroid could slide upstream 409 without dissipation and progressively round up at the pipette's corner because of surface 410 tension. We thus used alternatives to such retraction experiments and measured γ by directly

411 characterizing Laplace pressure thanks to other sets of experiments. We quantified the

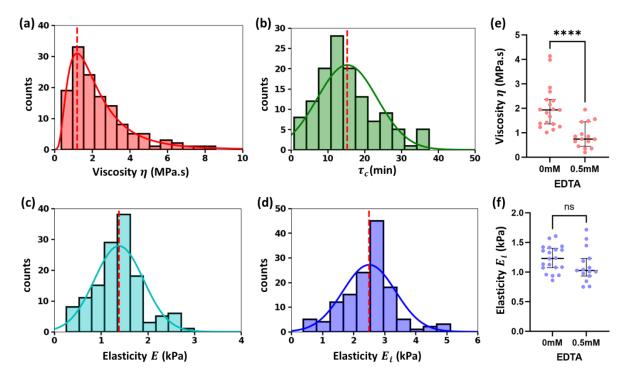
412 minimum critical pressure leading to continuous flow of the spheroid ΔP_{crit} , which should also correspond to the pressure for which the radius of the spheroid meniscus (formed by cells at its 413 414 surface within the pipette) equals the pipette radius, see Figure 4(d). This set of experiments 415 was realized on a specially designed thin-wall pipette, see Figure 4(e), to improve the quality 416 of optics. Both pressures were determined to be very close and equal to $\Delta P_{c-crit} = 5 \pm 1$ 0.5 mbar). These measurements led to a value of the surface tension $\gamma_{crit} = 10 \pm 1$ mN/m. 417 We also quantified the ratio γ/η from the dynamics of spheroid fusion⁴⁴, see Supplementary 418 Information, Figure SI-6. These independent off-chip experiments led to $\gamma_{fusion} = 4.5 \pm$ 419 0.9 mN/m. The fusion experiment mainly probes the external layers of the spheroid, and the 420 surface tension of cell aggregates was recently discussed theoretically to be a multi-scale 421 complex concept⁴⁵, so that different configurations could lead to slightly different results. The 422 423 viscosity retained for this fitting was the one deduced from aspiration experiments. In addition, 424 note that in both cases, the value corresponds to the surface tension at low stress, referred to as 425 γ_0 in previous studies which have evidenced a possible increase of γ upon aspiration¹⁷. We 426 finally retained the on-chip measured value γ_{crit} , since it was determined in the same flow 427 configuration as the pipette aspiration. It is in the typical range of literature measurement of biological tissues' surface tension⁴⁶, even though most available data are on less cohesive 428 429 configurations than the epithelial one probed here. Let us mention that since the applied 430 pressure in aspiration experiments was significantly higher than the typical Laplace pressure, 431 an error in surface tension determination would not critically affect the determination of 432 viscoelastic parameters.

With this value of the surface tension, we extracted the rheological parameters from the fitting of the experimental curves L(t) with equation (4), see Figure 4(b). The fittings closely reproduced the trends of the experiments. Graphically, tissue viscosity is deduced from the slope at a long time, whereas the first (short-time) elastic modulus E_i can be deduced from the initial instantaneous elongation of the spheroid, the second modulus E from the intercept of the long-time linear flow regime with the vertical axis, and τ_c from the typical time scale to reach this regime.

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441 Measuring viscoelastic properties of spheroids: results and discussion.

442 The results obtained with A338 spheroids are shown in Figure 5(a). All (N = 134)443 measurements were realized with the 5-pipettes design, in about 30 experiments, each lasting a 444 few hours, which demonstrates the high throughput of the method. We measured elastic moduli 445 $E = 1.4 \pm 0.5$ kPa, $E_i = 2.5 \pm 0.9$ kPa, and a time scale $\tau_c = 15.3 \pm 8.1$ min (error bars 446 indicates the standard deviation). For viscosity, the distribution was observed to be better fitted by a log-normal distribution than by a Gaussian. The maximum (mode) of the fitted distribution 447 was $\eta_{ln} = 1.20$ MPa.s, with a distribution width $\sigma_{\eta-ln} = 0.67$ MPa.s. We observed a more 448 449 reduced dispersion between spheroids of the same batch: the average of standard deviations deduced from single experiments (5 or 23 simultaneous measurements) was $\sigma_{n-batch} =$ 450 0.5 MPa. s and $\sigma_{E_i-batch} = 0.35$ kPa for the viscosity and short-time elasticity E_i respectively. 451 452 These values can be interpreted as an upper bound of the measurement uncertainty, 453 demonstrating the reproducibility of the technique. The width of the histograms in Figure 5(a)454 mostly originates from biological variability.



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To the best of our knowledge, no viscoelastic measurements have been published for this cell line. However, the high value of viscosity and elasticity, about ten times the typical values measured for very dynamic embryonic tissues⁴⁷, are consistent with the strong cohesion of pancreatic epithelial-like tissues.

463 We also assessed the effect of Ethylenediaminetetraacetic acid (EDTA). EDTA affects adhesion between cells by chelating metallic ions, including calcium, necessary for adhesion 464 465 proteins to operate. We incubated the cells with EDTA during the formation of the spheroids 466 before measuring viscoelastic properties. The results are shown in Figure 5(e-f). The viscosity 467 was significantly reduced for spheroids incubated with EDTA with respect to the control, whereas short-time elasticity was not affected. This behavior is consistent with a reduced 468 adhesion facilitating rearrangement of cells (T4 events²⁵), leading to decreased viscosity, 469 470 whereas elasticity, originating mostly from cells' cytoskeletons, was not strongly impacted.

We now discuss the specificities of the SIMPA technology for spheroid rheology, with respectto existing methods.

473 First, the approach benefits from the advantages of standard MPA: it is quantitative, and it 474 probes optically determined locations of an object, which opens the possibility to test different 475 zones of a tissue for non-spherical aggregate. MPA applies forces from the external cell layers, 476 which can give complementary information to methods applying homogeneous stress, like 477 magnetic rheometry¹⁵. In our chips, since it is the microfluidic flow that pushes the spheroids 478 towards the pipettes, the spheroid's orientation and the precise point they contact the pipette's 479 inlet cannot be controlled by the operator independently of the fluidic design, which can appear 480 as a limitation. However, for non-spherical objects it could turn into an advantage: the shape of 481 the upstream channel and the location of pipettes on the sliding element could be specifically 482 designed to set this orientation and probe well-defined areas.

483 The SIMPA technology has unique features compared to standard MPA: the throughput is multiplied by the number of spheroids that can be probed in parallel (demonstrated to be up to 484 485 23 in this article). In addition, the chip format permits the use of low volumes of sample 486 (typically a few hundred μ L), with an easy spheroid loading since the flow naturally pushes the 487 spheroids to the free SMPs. The chips can also be washed and reused, and the spheroids 488 extracted out of the chip for further characterization. It is possible to keep spheroids for long 489 times (we observed spheroids stable for three days with no visible necrosis). This comes from 490 the environmental chamber surrounding the chip on the microscope (temperature set to 37°C 491 and 5% CO₂), but also from PDMS permeability to oxygen, and from a fast diffusion of 492 nutrients within the chips.

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494 **Conclusion**

495 We present in this paper the SIMPA technology, a parallel, quantitative integrated aspiration 496 micropipette method. We demonstrate its relevance to characterize quantitatively mechanics 497 both at the cell membrane scale and at the multicellular scale. With respect to standard MPA, 498 its throughput is multiplied by the number of pipettes in parallel, shown to be for this proof of 499 concept 7 and 23 for GUVs and spheroids respectively. With respect to other integrated on-chip micropipettes^{22,24,25}, our approach is the only one that combines circular geometry and parallel 500 probing, in a user-friendly format. Thus, even if interesting analyses have been developed 501 recently for squares or rectangles²³, circular traps are quantitative by design, they fully eliminate 502 503 both anisotropy of the constraints and residual flows in the corners.

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505 Several perspectives emerge from the versatility of the method, related to fluidic design. As the 506 most obvious evolution, larger fluidic chambers, or pipettes placed at different z-positions, 507 could lead to an even larger throughput by adding further parallel pipettes, if required. More interestingly, changing the chip design permits controlling physico-chemical stimuli around 508 509 trapped objects. First, pipettes surrounded by small holes, or including slits to let a fraction of 510 the flow pass around trapped objects, could be used to probe vesicles or cell aggregates while submitted to shear stress. By using cross-shaped pipettes, we have observed that shear stress 511 affects lipid domains, as demonstrated in reference ⁴⁸, see Figure SI-7. Secondly, adding lateral 512 fluidic channels close to the sliding element permits changing in real time the chemical 513 environment of trapped GUVs or spheroids, see Figure SI-8. As a proof of concept, we 514 515 demonstrated the dynamic exposure of trapped spheroids to microparticles, see Supplementary Videos 4 and 5. This type of design could be relevant to study the response to drugs at short 516 517 timescales, typically seconds or minutes, or to apply spatio-temporal stimulations such as the 518 ones originating from heart beating or circadian cycle. Quantifying the influence of different 519 drugs, at different timescales, should improve our understanding of the microscopic origin of tissue rheology. In the same perspective, the technology can apply a dynamic pressure stimulus, 520 521 as in reference ¹⁵, which is a relevant way to assess the validity of different rheological models.

522 As a further perspective, we propose to extend the single vesicle configuration to the probing 523 of single cells. For that purpose, since typical mammalian cells are 6-10 μ m in dimension, 524 pipettes with diameters of order 2-5 μ m are required. We were able to block and release A338 525 individual cells in suspension in 4 μ m-diameter pipettes (see Supplementary Video 6).

526 Finally, specific versions of the technology can be developed to improve the quality of optics 527 (thinner walls, see Figure 4(c), or glass versions of the sliding elements, see Supplementary

- 528 Video 7). Overall, the SIMPA technology will help identify how collective properties emerge
- 529 from individual cell deformations and rearrangements.
- 530
- 531 Supplementary information accompanies the manuscript on the Microsystems & 532 Nanoengineering website <u>http://www.nature.com/micronano</u>

533 Data availability

534 Raw data will be available upon request.

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667 Author Contributions

ME, HA, MP realized experiments on GUVs. SL, ME, PL realized experiments on spheroids.
SL and BGB realized experiments on single cells. SL, ME, PL, HA, MP, AL, FM, DB
contributed to chip fabrications. LM, JB calibrated the photolithography process. DB, CM, MD,
CR, PJ contributed to experiments and supervised the research. PJ and SL wrote a first draft of
the memory of the me

- the manuscript, all authors read and amended the manuscript.
- 673

674 Competing interests

- 675 There are no conflicts to declare.
- 676 Correspondence and requests for materials should be addressed to <u>pierre.joseph@laas.fr</u>.